

CERTIFICATE

OF PARTICIPATION

This is to certify that

Louise Middlemiss

Has successfully participated & completed the

15km Trail PlanetFitness Trail Run

held at Bezhoek Farm.

TIME 03:05:04

PACE 12:19/km

OVERALL 25 of 27

GENDER 9 of 10

40 - 49 6 of 6

05 October 2019, Sat

Date



BoutTime